



Bujinkan Ninjutsu Beginners Martial Art and Self-defence course

*A powerful, effective,
Japanese Martial art. Ideal
for self-defence and fitness.*

*Learn defence against
armed and unarmed
single and multiple
attackers-no dangerous
weapons used in
practice-training in a
relaxed, informal, fun and
safe manner*



Jake Sharpstone with
Grandmaster Dr Hatsumi
Japan 2008

Chief Instructor:
Shihan Jake Sharpstone 11th Dan
36 years martial arts experience;
Including:
15 years Judo,
20 years Bujinkan Ninjutsu
Trained and graded in Japan



Dr Hatsumi
34th Grandmaster has
a direct traceable lineage
dating back 900 years

For further information and to
register contact:
info@omote.co.uk
www.bujinkan-cambridge.com
Tel: 01223-235264

3 Weeks course only £15
Starting 26th August 2010
Thursday 8.00-9.30pm
Meadows Community Centre,
1 St Catharines Rd, Cambridge
CB4 3XJ